

## Crime Victims Assistance Center Program Topics, 2016

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Topic	Description	Audience
<p><b>Crime Victim Assistance Center's Education Department diligently amends/updates trainings to include relevant information for each audience. Trainings may change according to current trends, statistics and base knowledge of the audience. This is not a definitive list.</b></p>		
<b>Social Networking/Technology &amp; Safety</b>	Program addressing safety concerns on Facebook/Twitter/Snapchat/Instagram, texting, sexting, cyberbullying, smart-phones, in this ever changing environment.	Parents, school staff and anyone working with youth.
<b>Scams &amp; Fraud</b>	Addresses current fraudulent schemes and scams that dupe thousands every year.	Adults and Seniors.
<b>CSEC: Commercial Sexual Exploitation of Children</b>	CVAC's Safe Harbour program assists runaway/homeless youth who are at risk of being trafficked as well as the providers who are trying to assist them. Human Trafficking & CSEC are huge issues locally and nationally. This training addresses the root causes and initial red flags that professionals and school staff may encounter. We will discuss methods of prevention as well as ways that practitioners and professionals can work with trafficked youth in a productive manner.	Professional Training
<b>Bystander Intervention</b>	This program begins to teach us (as college students, professionals, adults) how to handle and address issues of interpersonal violence in our own lives (at family parties, grocery stories, bars, movies, etc.) How do I (can I) respond? What do I say? Is this my business?	College, Professionals, Community
<b>Protect Your Children: Advice from Child Molesters</b>	This 2-3 hour training program is focused on protecting children from child sexual abuse. It is from the perspective of perpetrators/pedophiles in treatment. This is an in-depth look at the grooming, manipulation and tactics used by people who mean to gain access into your family and perpetrate against children. Presented by CVAC Education Department, Broome CPS & The Sherriff's Office.	Parents & professionals
<b>Domestic Violence/Intimate Partner Violence</b>	Dynamics, how to help a friend/yourself, statistics, prevention & community support. May also include information on trauma, sexual abuse, stalking, harassment & substance abuse, etc.	College, Adult, Professional

<p><b>Enough Abuse Curriculum</b></p>	<p>The Enough Abuse campaign is a movement recently brought to NY by CVAC &amp; the Family Violence Prevention Council. It is a movement to provide adults and communities with the knowledge and know-how to put an end to the silence around child abuse. It consists of one/two trainings:  <b>Strategies For Your Family &amp; Community</b> (child abuse as a public health problem: definition, statistics, social messages, secrecy tactics used by abusers, prevention, advocacy &amp; communication)  <b>Understanding and Responding to the Sexual Behaviors of Children</b> (Identify “developmentally expected” sexual behaviors of youth, distinguish normal behaviors from ones that might be inappropriate, illegal, abusive or coerced and how to respond to all sexual behaviors in a way that promotes healthy behaviors and children)</p>	<p>Parent, Professional, Adult, College</p>
<p><b>Healthy Relationships for Adults</b></p>	<p>This 2-3 hour program focuses on the dynamics of a healthy relationship. We discuss boundaries, anger, communication styles, healthy sexuality and more.</p>	<p>Community Presentation for adults</p>
<p><b>Less is More</b></p>	<p>A curriculum designed for teachers, advocates, counselors, parents or anyone that a child trusts enough to disclose abuse. Taking a disclosure from a child is a process that could determine the shape their lives will take. We need to be sure, as providers, that we are doing our absolute best. We must not interrogate, interview, push, or speak for them. This training will address these very important issues.</p>	<p>Anyone working with youth (professionals, students, etc.), parents</p>
<p><b>Trauma Informed Care</b></p>	<p>This program is targeted towards people working with youth OR mental health issues. It explains how to work with traumatized people, discusses brain changes and how to best serve the many children and teens affected. Can be presented congruently with other topics.</p>	<p>Parent, Professional, Adult, College</p>
<p><b>Sexual Assault/Trauma &amp; Rape Culture</b></p>	<p>Program focused on sexual assault from a trauma perspective. How sexual assault changes the brain, why a victim responds the way they do, rape culture, how to help and support victims.</p>	<p>Professional, Adult.</p>
<p><b>NYS Rape Crisis Counseling Certification Course (NY DOH)</b></p>	<p>This 40 hour training provided at CVAC will give you the tools to effectively advocate for any victim of power based personal violence and crime.  \$300.00 fee OR free for any volunteer committing one year of service to CVAC</p>	<p>Community, Professional, College</p>
<p><b>Advocacy &amp; Crisis</b></p>	<p>This 1-2 hour training focuses on the basic philosophy of advocacy, how to help someone in crisis (de-escalation, etc) and how to help them move forward.</p>	<p>Professional, College &amp; Community Education</p>

<b>Child Sexual Abuse</b>	This program can address the current problem, when and how to report, how and how often it is happening, perpetrator behaviors as well as strong prevention strategies.	College , Adults, Parents & Professionals.
<b>Sexual Assault/Rape Culture</b>	This program (can) address the current problem (according to audience), attitudes/beliefs, sexual trauma, misconceptions, how to advocate for victims, prevention methods & aftercare guidelines.	Can be tailored to any audience (Youth, adult, professional)
<b>Sexual Harassment: Hostile Hallways</b> <i>Social Safety Series</i>	This 1-2 class period presentation focuses on sexual harassment that youth face every day, gender discrimination/flirting vs. sexual harassment/group activity around values/group activity with scenarios.	Middle & High School
<b>Dating Safely*</b> <i>Social Safety Series</i>	This 1-2 class period presentation focuses on defining abusive relationship/recognizing the warning signs of an abusive partner/creating and maintaining healthy boundaries/offers advice on how to safely leave an abusive relationship/and how to help a friend in an abusive relationship.	Middle & High School
<b>Consent*</b> <i>Social Safety Series</i>	This 1-2 class period presentation focuses on the issues of sexual consent. We discuss age of consent/coercion/power of authority/the use of alcohol and other “date rape” drugs and how they affect one’s ability to consent/victim blaming/and how to help a friend who has been sexually assaulted.	Middle & High School
<b>Online Identity *</b> <i>Social Safety Series</i>	This 1-2 class period presentation focuses on the benefits and risks inherent in our ever-changing social media landscape. We discuss the effects the Internet has on our interpersonal relationships/the façade identity we sometimes create/safe texting & cyber-harassment.	Middle & High School
<b>Safe Dates *</b>	An adolescent dating abuse prevention curriculum made up of 10 sessions. This research based curriculum gets young men and women together to talk about these very important issues.	Ages 13-18
<b>Safety Detectives: tools for prevention</b>	A program designed for elementary classrooms to support community mobilization efforts for child sexual abuse prevention in Broome County. We know it is an adult responsibility to protect our children, but kids need the know-how to keep their own bodies, safe. Through discussion, role plays, and activities we give kids the tools they need to keep themselves safer. We empower kids to find clues/warning signs to identify “tricky” or unsafe people. Topics discussed: <i>body ownership, privacy, boundaries, grooming &amp; tricky adults.</i>	Elementary Students
<b>Girls Circle *</b>	8-12 week empowerment program working in groups of 8-10 teenage girls. We work on issues of body image, sexuality, communication, goal setting, healthy relationships, etc.	13-18 year old girls.
<b>*youth only</b>		